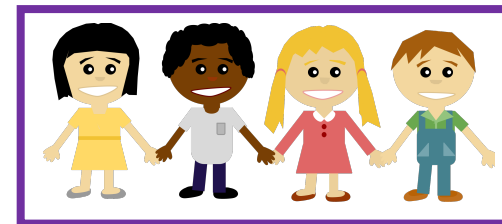


## An overview of PSHE in Year 1 – Autumn Term 1

Our learning in PSHE this half term will be about the idea that if a team works well together, it has a positive impact on all of its members and what they can achieve. It aims to enable the children to develop successful collaborative working skills, such as good listening. In this unit, children learn about the importance of being kind to others, the effects of bullying and teasing and what to do about it if they see it happening, or it happens to them.



**What does it mean to be part of a team?** The children will learn that they belong to various groups and communities, such as family and school. They will be able to identify their special people (family, friends or carers), we will talk about what makes them special and how special people should care for one another.

**Why is it important to listen to other people?** The children will learn to listen to other people, play and work cooperatively. We will also discuss strategies to resolve simple arguments and how to negotiate a resolution. The children will be working in pairs, listening to each other to follow instructions.

**How can we show kindness to others?** We will be discussing and trying to recognise what is fair and unfair, kind and unkind and what is right and wrong. We will be role playing being kind to each other and how this makes us feel when somebody compliments us.

**What kinds of unkind behaviour are there?** The children will be learning to recognise when people are being unkind, either to themselves or to others and how to respond to this. We will discuss who to tell and what to say. We will learn about different types of teasing and bullying, to understand that these are wrong and unacceptable and learn strategies to resist teasing and bullying if they experience or witness it.

**How can we be positive learners?** We will think about how to learn from our experiences, to learn from their experiences, to recognise and celebrate their strengths and set simple, but challenging goals. The children will role playing being 'Positive Pals' or 'Negative Nags' and how this can affect how we approach things.

**What choices can we make about our behaviour?** We will be thinking about how to make real, informed choices that improve our physical and emotional health, to recognise that choices can have good and not so good consequences. The children will think about how their behaviour can affect themselves and other people.