

An overview of PSHE in Year 4 – Autumn Term 2

Our learning this term in PSHE will be about keeping safe. Children will learn about the different dangers they may come into contact with and will find out more about how they can keep themselves and others safe.

- **New responsibilities**

Children will recognise how their increasing independence brings increased responsibility to keep themselves and others safe. We will discuss ways in which we can stay safe and healthy.

- **Risks, hazards and dangers**

Children will learn to understand that in life we need to take some risks but that other risks are dangerous. We will differentiate between risks, hazards and dangers using real life scenarios. Children will also identify who can help if they find themselves in a dangerous situation.

- **Under pressure**

We will discuss the meanings of peer pressure and dares. This will include the decisions they make and how they can stand up to peer pressure in a range of situations. Children will learn that they can choose not to take part if they feel uncomfortable.

- **Road Safety**

Children will learn how to be safe on or near a road. We will discuss possible dangers which we may encounter when on the road and what strategies we could have in place if they were to arise. We will revise the green cross code: <https://www.roadwise.co.uk/schools/using-the-road/green-cross-code/>

- **Dangerous Substances**

We will discuss commonly available substances and drugs (including alcohol, tobacco and 'energy drinks') and how they can damage our immediate and future health and safety; that some are restricted and some are illegal to own, use and give to others.

- **Staying safe online**

Children will look at e-Safety, considering what should never be shared and how to report any concerns about online incidents.

