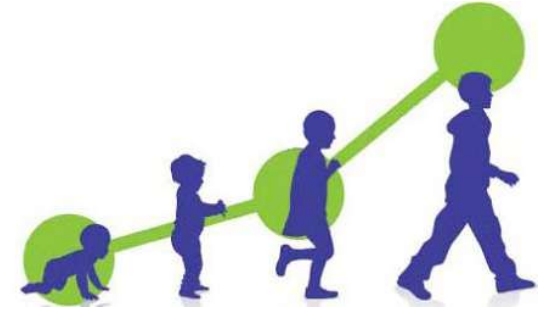


## An overview of PSHE in Year 2 – Spring Term 1

Our learning this term in PSHE will be about growing up and how we change physically and emotionally as we get older. We will also learn more about how to respect our bodies and keep them safe. Below you can read the overview of learning objectives for this PSHE topic.



- **Is it OK?**

Children will continue learning about how to respect themselves and others. We will discuss appropriate physical touch – for example, being careful with each other during play times and recapping on our learning about the private parts of our bodies using the NSPCC “Pantasaurus” content: <https://www.youtube.com/watch?v=-IL07JOGU5o>

- **Pink and Blue**

We will discuss the similarities and differences between all people. As a class we will reflect on the stereotypes which sometimes surround gender (for example the idea that girls prefer the colour pink) and will aim to challenge these views by exploring our own individual opinions, likes and dislikes.

- **Look at me now!**

Children will reflect on how they have changed since their birth. We will discuss all of the things they are now able to do and their personal achievements. We will reflect on the new responsibilities and challenges which come with different milestones in our lives.

- **Getting Older**

We will learn more about how our responsibilities and needs change as we grow older. We will think about how we will change as we get older and our aspirations for the future.

- **Changes**

Children will describe the changes which may happen in a person's life (for example: moving home, a new school, a new baby in the family) and will begin to discuss how people may feel about these changes. They will reflect on changes in their own lives.

Throughout this project we will also be reading various books on growing up whether that be in the PSHE lesson at the end of the day or as part of guided reading. The titles include: *As we grow* by Lilly Walden and Richard Jones, *Everybody matters* by Pat Thomas, *I'm actually really grown-up now*, by Maisie Paradise Shearring and *Grandmas' story* by Moira Butterfield.