## An overview of PSHE in Year 5 – Summer Term 1

Our learning this term in PSHE will be about Aiming High. Below, you can read the overview of learning objectives for this PSHE topic.

• You Can Achieve Anything

Children will learn to reflect on and celebrate their achievements, identify their strengths and areas of improvements and set high aspirations and goals. They will face new challenges positively by collecting information, looking for help, making responsible choices and taking action.



• Breaking Down Barriers

Children will continue to face new challenges positively and reflect and celebrate themselves. They will understand how a positive attitude towards learning can help them to succeed in life.

• Future Focus

Children will learn about a range of jobs and understand how they can develop skills to make their own contribution in the future. They will become aware of how they can make the most of opportunities that may become available to them in the future.

• Equal Opportunities

Children will continue to learn about a range of jobs. They will also recognise and challenge stereotypes to understand that gender does not determine what jobs people can do.

• Innovation and Enterprise

Children will understand what is meant by enterprise and begin to develop enterprise skills. They will work collaboratively towards shared goals.

• Onwards and Upwards

Children will discuss their future goals and steps they need to take to achieve them. They will reflect on all of their previous learning to support this.