

An overview of PSHE in Year 1 – Autumn Term 1

Our learning in PSHE this half term will be about the idea that if a team works well together, it has a positive impact on all of its members and what they can achieve. It aims to enable the children to develop successful collaborative working skills, such as good listening. In this unit, children learn about the importance of being kind to others, the effects of bullying and teasing and what to do about it if they see it happening, or it happens to them. Each week, we will focus our learning on a story to help us achieve our learning objectives.



What does it mean to be part of a team? We will use the story “Our Class is a Family” written by Shannon Olsen to introduce the idea that we all belong to various groups and communities, such as family and school. Children will be able to identify their special people (family, friends or carers) and we will talk about how being part of a team makes us feel.

Why is it important to listen to other people? The children will learn the importance of listening to other people, as well as playing and working cooperatively. The children will play listening games and work in pairs, listening to each other to follow instructions.

How can we show kindness to others? We will be discussing and trying to recognise what is fair and unfair, kind and unkind and what is right and wrong. We will be role playing being kind to each other and how this makes us feel when somebody compliments us.

What kinds of unkind behaviour are there? We will use the story “What to say when you don't know what to say” written by Davina Bell and Hilary Jean Tapper to help us learn how to recognise when people are being unkind, either to themselves or to others and how to respond to this. We will discuss who to tell and what to say. We will learn about different types of teasing and bullying, to understand that these are wrong and unacceptable and learn strategies to resist teasing and bullying if they experience or witness it.

How can we be positive learners? We will think about how to learn from our experiences, to learn from their experiences, to recognise and celebrate their strengths and set simple, but challenging goals.

What choices can we make about our behaviour? We will be thinking about how to make real, informed choices about our behaviour and how we can make the right choices when doing this.. The children will think about how their behaviour can affect themselves and other people.