



## PSHE VISION STATEMENT



***'It's not what happens to you, it's how you react to it.'***

**Epictetus**

At Andover CE Primary, we recognise the importance of PSHE/RSE and the role it has in developing the qualities and attributes pupils need to thrive as individuals. As individuals and as a team, children are encouraged to demonstrate mutual respect, responsibility and foster self-esteem, building their resilience. Children will be given the tools to become successful learners and together we will celebrate those successes. We will support all students to develop an understanding of the ever-changing world in which we live, nurturing children's curiosity, develop the skills necessary to take an active role in their community and manage their life effectively in a happy and purposeful environment. Children are given the opportunities to voice their opinions, listen to others and build on their knowledge of the world. Safeguarding is interwoven into all areas of our curriculum to give children the tools to keep themselves safe.

It is our intention through the PSHE /RSE curriculum, we aim to:

- develop pupils' understanding of the world and of personal, social, health, emotional and citizenship concepts and relevant vocabulary
- provide pupils with a relevant, age appropriate and broad curriculum
- understand issues relating to their own health, personal care, sexual development and relationships.
- enable pupils to make choices
- provide pupils with strategies to maintain personal wellbeing, promote resilience and equip pupils with skills to keep themselves and others safe
- promote an atmosphere celebrating equality and diversity
- enable learners to form appropriate relationships and give them a sense of dignity and respect for each other.
- develop personal responsibility, self-confidence and assertiveness.
- use quality texts to underpin our units of learning.
- teach children how to keep themselves safe in the wider world.
- enhance their self-esteem.