

## An overview of PSHE in Year 6 – Autumn term 2 – Safety First



In this unit of work, children will consider what it means to take responsibility for their own safety, including the decisions they make and how they can stand up to peer pressure in a range of situations. They will assess the risk associated with different situations and learn about what to do if they feel in danger. They will also learn about how to identify an emergency, what to do in this situation and how to get help when needed. Children will look at e-Safety in detail, including social media, considering what should never be shared and how to report any concerns with incidents online. Below, you can read the overview of learning objectives for this PSHE topic.

- **You are responsible**  
Children will recognise how their increasing independence brings increased responsibility to keep themselves and others safe and how they can take responsibility for their own safety. We will discuss what it means to be safe and all the different places and situations that could be unsafe.
- **What are the risks?**  
Children will learn to differentiate between the terms, 'risk', 'danger' and 'hazard' and discuss how they can assess and manage risks in different situations. We will discuss how some things have high or low risks and high or low levels of danger.
- **Making your mind up**  
Children will be learning to understand how pressure to behave in unacceptable, unhealthy or risky ways can come from a variety of sources, including people they know and the media and how to confidently identify and manage pressure to get involved in risky situations.
- **In an emergency**  
Children will be learning about people who are responsible for helping them stay healthy and safe; how they can help these people to keep them healthy and safe. They will learn to act sensibly and responsibly in an emergency. They will also learn some basic first aid skills.
- **Keep IT safe**  
Children will know about the responsible use of mobile phones: safe keeping (looking after it) and safe user habits. They will learn about keeping safe online; the importance of protecting personal information, including

passwords, addresses and the distribution of images of themselves and others. We will discuss that we all have rights to privacy and learn how to manage requests for images of themselves or others, discussing what is and is not appropriate to ask for or share. Finally we will discuss who to talk to if they feel uncomfortable or are concerned by such a request.

- **Click safe, click happy**

We will use the text *#Goldilocks* by *Jeanne Willis and Tony Ross*. Children will learn how to recognise bullying and abuse in all its forms and to recognise when they need help and to develop the skills to ask for help. They will learn how to use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable or anxious or that they think is wrong. We will learn to understand that everyone has the right to feel safe and happy when using mobile phones and the Internet.

